



# Free psychological hotline

## **Free psychological hotline in connection with the war in Ukraine**

If you are worried or concerned about the tragic events in Ukraine, it can lead to increased mental load. Consequently, PFA has opened a hotline staffed by psychologists who are ready to talk to you about the situation and can provide you with psychological counselling and advice.

PFA's psychological hotline is a partnership with Dansk Krisekorps, which has wide experience in managing crisis calls. The callers will be met by authorised psychologists who have experience in offering help in connection with crises and stress responses.

## **Please call (+45) 40 22 81 65**

The psychological hotline is open 24/7 at (+45) 40 22 81 65.

The psychological hotline is scheduled to remain open until the end of April.